Richmond's

Evening Menu

Week 1 4:00pm - 6:30pm

Myerscough College

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken & Sweetcorn Soup	Lentil Soup (V,C)	Cream of Mushroom (V)	Broccoli & Cheese Soup (V)	-
Main Meat	Meat & Potato Pie	Roast Beef & Yorkshire Pudding (P)	MyKentucky Chicken Fillet with Hash Brown	Chicken Tikka Masala, Mini Poppadum & Mango Chutney	Chilli Beef Strips in Pitta Bread
Main Meat (2)	Cumberland Sausage Ring with Tomato & Mushrooms	Sweet & Sour Chicken	MyZinger Burger with Hash Brown	Mixed Grill (P) (Bacon, Sausage, Mushrooms & Tomato)	BBQ Pork Steak (P)
Main Veg	Cauliflower & Broccoli Bake (V)	Quorn Mince Pie (V)	Vegetable Nuggets (V)	Mushroom Stroganoff (V)	Goats Cheese & Red Onion Tart (V)
Side dish (1)	Fondant Potatoes (C)	Rice (C)	Thin Fries	Savoury Rice (C)/Parsley Buttered Boiled Potatoes (C)	Rice (C
Side dish (2)	Chipped Potatoes	Buttered New Potatoes/ Roast Potatoes (C)	Sweet Potato Wedges (C)	Chipped Potatoes	Spicy Potato Wedges
Side dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
Vegatable (1)	Sliced Carrots (C)	Peas (C)	Corn on the Cob	Baton Carrots (C)	Roasted Vegetables
Vegatable (2)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)
Vegatable (3)	Cabbage	Mashed Carrot & Swede (C)	Garlic Mayonnaise/ Salad Bowl	Green Beans	Sweetcorn
Sauce	Gravy	Gravy	Gravy	Gravy	Gravy
Hot Pudding	Rice Pudding	-	Apple Pie with Custard	-	-
Cold Pudding	Doughnut	Caramel Slice	Raspberry Bun	Cheesecake	Assorted Sweets

All allergen information available upon request

V = Vegetarian dish Vv= Vegan dish P= Protein Dish C= Carbohydrate Dish

Richmond's

Evening Menu

Week 2 4:00pm - 6:30pm

Myerscough College

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Cream of Vegetable Soup	Chicken & Sweetcorn Soup	Tomato Soup (V)	Mushroom Soup (V)	-
Main Meat	Meat & Potato Pie	Roast Beef & Yorkshire Pudding (P)	Chunky Farmhouse Sausages in Onion Gravy with Yorkshire Pudding	Beef Lasagne with Garlic Bread	Breaded Chicken & Garlic Mayonnaise (P)
Main Meat (2)	Chicken & Ham Arrabiatta	Pork Steak with Creamy Peppercorn Sauce (P)	Chicken Korma, Naan Bread & Mango Chutney	Chicken & Sweetcorn Pie	Minted Lamb Steak (P)
Main Veg	Quorn Mince & Leek Pie (V)	Quorn Sausage Pasta Bake (V,P)	Spinach & Ricotta Cannelloni in Tomato Sauce (V)	Vegetable Lasagne with Garlic Bread (V)	Cheese & Tomato Omelette (V)
Side dish (1)	Pasta (C)/Fondant Potatoes (C)	Chipped Potatoes/Pasta (C)	Mashed Potato/Chipped Potatoes	Sweet Potato Wedges (C)	Spicy Potato Wedges
Side dish (2)	Chipped Potatoes	Parsley Buttered Boiled Potatoes (C)	Rice (C)	Chipped Potatoes	Pasta (C)
Side dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
Vegatable (1)	Peas (C)	Broccoli	Peas (C)	Baton Carrots (C)	Sweetcorn & Red Peppers
Vegatable (2)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)
Vegatable (3)	Savoy Cabbage	Carrots (C)	Sweetcorn	Roasted Vegetables	Green Beans
Sauce	Gravy	Gravy	Gravy	Gravy	Gravy
Hot Pudding	Fruit Crumble	-	Viennese Tart with Custard	-	-
Cold Pudding	Shortbread Biscuit	Chocolate Gateaux	Date Crispie	Cranberry & Chocolate Chip Cookie	Assorted Sweets

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Richmond's

Evening Menu
Week 3 4:00pm - 6:30pm

Myerscough College

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Carrot & Lentil Soup	Split Pea Soup (V,C)	Vegetable Soup (V,C)	Tomato & Basil Soup (V)	-
Main Meat	Steak & Onion Pie	Roast Beef & Yorkshire Pudding (P)	Cajun Chicken with Tomato Salsa (P)	Roast Beef with Yorkshire Pudding (P)	Hunters Chicken (P)
Main Meat (2)	Chicken Fillet in Tomato & Basil Sauce with Mozzarella (P)	Grilled Gammon, Tomato & Mushroom (P)	Shepherds Pie	Roast Gammon (P)	Beef Madras, Mini Poppadum & Mango Chutney
Main Veg	Chickpea & Spinach Curry (V)	Butternut Squash & Ricotta Pasta Bake (V)	Vegetarian Stuffed Jacket Potatoes (Vv)	Butternut Squash & Chickpea Cobbler (V)	Quorn Boston Bean Bake (V)
Side dish (1)	Mashed Potato (C)	Boulangere Potatoes (C)	Chipped Potatoes	Roast Potatoes (C)	Golden Rice (C)
Side dish (2)	Chipped Potatoes	Chipped Potatoes	Rice (C)/Garlic Roasted New Potatoes (C)	Buttered New Potatoes (C)	Spicy Potato Wedges
Side dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
Vegatable (1)	Sliced Carrots (C)	Corn on the Cob	Green Beans	Savoy Cabbage	Broccoli
Vegatable (2)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)
Vegatable (3)	Peas (C)	Broccoli	Sliced Carrots (C)	Mashed Carrot & Swede (C)	Sweetcorn
Sauce	Gravy	Gravy	Gravy	Gravy	Gravy
Hot Pudding	Rice Pudding	-	Apple Pie with Custard	-	-
Cold Pudding	Doughnut	Caramel Slice	Raspberry Bun	Cheesecake	Assorted Sweets

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Richmond's

Evening Menu
Week 4 4:00pm - 6:30pm

Myerscough College

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lentil Soup (V,C)	Carrot & Coriander Soup (V,C)	Leek & Potato Soup (V,C)	Cream of Vegetable Soup (V,C)	-
Main Meat	Steak in Ale with Yorkshire Pudding	Roast Beef & Yorkshire Pudding (P)	Pasta Bolognaise	Steak Pie	Chicken Korma, Naan Bread & Mango Chutney
Main Meat (2)	Grilled Pork Steak with Creamy Peppercorn Sauce (P)	Tuna Pasta Bake	Hunters Chicken (P)	Grilled Gammon, Tomato & Mushrooms (P)	Cheese Burger in a Bun
Main Veg	Leek & Potato Bake (V)	Quorn Mince & Dumplings (V)	Thai Green Vegetable Curry (V)	Vegetable Lasagne (V)	Sweet Thai Chilli Quorn Stir Fry (V,P)
Side dish (1)	Chipped Potatoes	Roast Potatoes (C)	Chipped Potatoes	Chipped Potatoes	Spicy Potato Wedges
Side dish (2)	Mashed Potato (C)	New Potatoes (C)	Rice (C)/Fondant Potatoes (C)	Parsley Buttered Boiled Potatoes (C)	Rice (C)
Side dish (3)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)	Jacket Potatoes (C)
Vegatable (1)	Peas (C)	Sliced Carrots (C)	Roasted Vegetables	Baton Carrots (C)	Green Beans
Vegatable (2)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)	Baked Beans (C)
Vegatable (3)	Sliced Carrots (C)	Cauliflower	Peas (C)	Broccoli	Sweetcorn
Sauce	Gravy	Gravy	Gravy	Gravy	Gravy
Hot Pudding	Fruit Crumble	-	Viennese Tart with Custard	-	-
Cold Pudding	Shortbread Biscuit	Chocolate Gateaux	Date Crispie	Cranberry & Chocolate Chip Cookie	Assorted Sweets

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